



NEED HELP FROM THE FOOD BANK? KNOW SOMEONE WHO DOES? WE'RE HERE TO HELP

Sometimes it's a struggle to put food on the table - it can happen to anyone at any time.

If it's happening to you or someone you know
then please call:

07721509477 or 01959 562147

or email:

westerhamfoodbank@gmail.com

We never turn anyone away, but ask that after a first visit you are referred by a recognised agency: Citizens Advice, Childrens' Centre, Doctors' surgery, social worker, school, Age UK, Job Centre, etc

WAYS YOU CAN HELP

Donate Food at one of our collection points

(Wolfe Garage, Westerham Co-op, Westerham Library, St Marys Church, Catholic Churches in Westerham and Biggin Hill, Waitrose Biggin Hill).

Items from the list below are particularly needed:

Tinned meat & fish
Tinned vegetables & fruit
Pasta, pasta sauces, rice, couscous
Coffee
UHT milk
Cereals
Fruit juice & squash
Tinned custard, rice pudding, evaporated milk
Jam, peanut butter, marmite
Laundry detergent capsules
Washing up liquid
Shower gel
Nappies
Baby wipes

Donate money by bank transfer to:

Westerham Foodbank
Sort code: 60-19-02
Account number: 30339715